



**SMILE**

## **Supporting Migrant Inclusion in Lifelong Learning and Education**

**IO4: Peer Mentoring for supporting migrant communities  
All I Want: Timesheet**

**Total time span of each session: 3 hours**  
**Time devotion between the different elements of each session**

*Session 1:*

Democracy

<b>Activity</b>	<b>Time in minutes</b>
- Welkom	5
- Bingo	10
- Introduction	10
- Expectation exercise	10
- Success exercise	15
- Democracy	15
- Realtime reaction video exercise	5
- Break	15
- Democracy info	20
- Pro-con grid exercise	10
- Case study	30
- Recap	5
<b>Total</b>	<b>150 minutes of 180</b>

*Session 2:*

Human rights and conflicts

<b>Activity</b>	<b>Time in minutes</b>
- Icebreaker	10
- Own idea of human rights	10
- Human rights content	20
- Quescussion exercise	10
- Content	20
- Round table exercise	10
- Break	15
- Human rights content	20
- Line up exercise	15
- Conflict	10
- Sketchnoting	10
<b>Total</b>	<b>150 minutes of 180</b>

*Session 3:*

Identity and leadership

<b>Activity</b>	<b>Time in minutes</b>
- Icebreaker	7
- Recap homework last week	10
- Culture content	10
- Turn taking exercise	20
- Culture context	10
- Content Gender awareness and roles	10
- Fishbowl exercise	15
- Break	15
- Interactive gender awareness and roles	10
- Prejudice vs. Discrimination content	5
- Prejudice game	10
- Prejudice vs. Discrimination content	15
- Integration	10
<b>Total</b>	<b>147 minutes of 180</b>

*Session 4:*

Confidence building

<b>Activity</b>	<b>Time in minutes</b>
- Icebreaker	10
- Building confidence/ values content	10
- Identify key values exercise	25
- Confidence building content	10
- Role play exercise	20
- Break	15
- Attitude vs behaviour content	20
- Line up exercise	15
- Temperaments exercise	15
- Homework explanation positioning	10
<b>Total</b>	<b>150 minutes of 180</b>

*Session 5:*

What's next?

<b>Activity</b>	<b>Time in minutes</b>
- Icebreaker	10
- Present homework assignment positionality	15
- Collage exercise	35
- Present future exercise	25
- Break	15
- Solarium reflection exercise	20
- Evaluation exercise	20
<b>Total</b>	<b>140 minutes of 180</b>